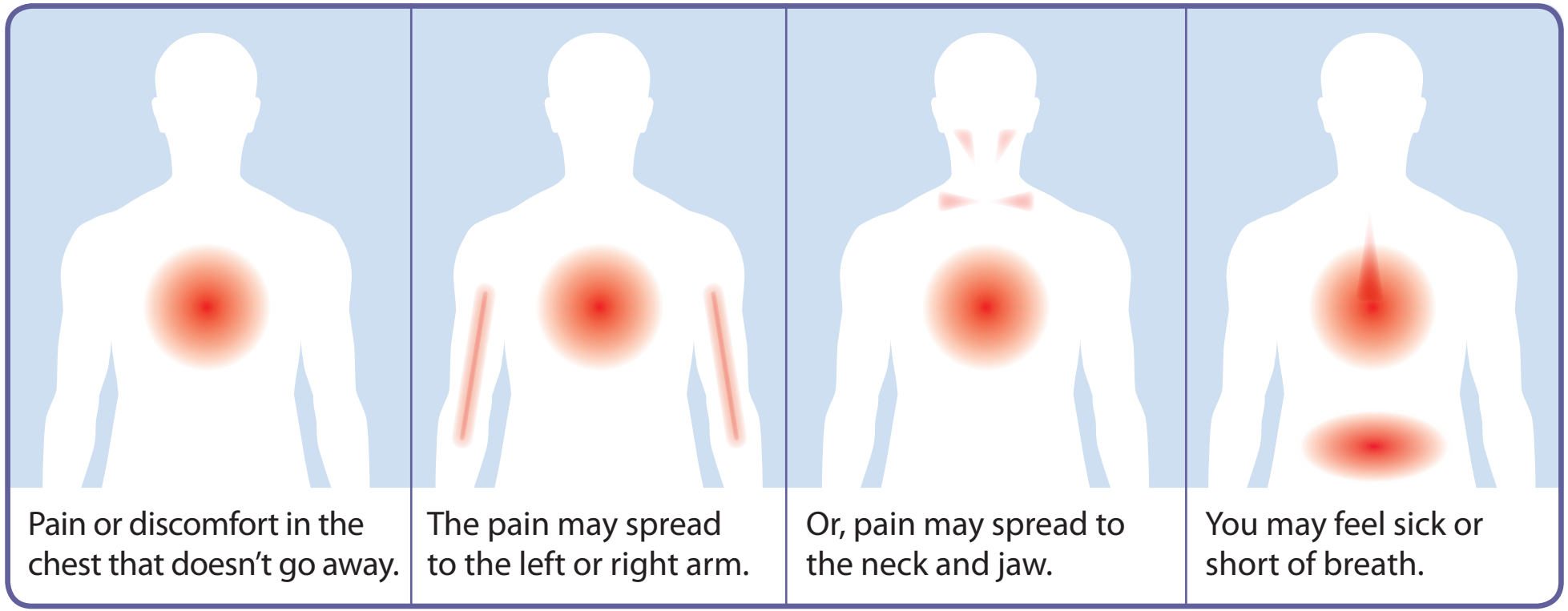
Session 3

Symptoms of coronary heart disease and heart attack

Symptoms of a heart attack



Pain or discomfort in the chest that doesn't go away.

The pain may spread to the left or right arm.

Or, pain may spread to the neck and jaw.

You may feel sick or short of breath.